



Freestore Foodbank 2011 Hunger Walk 5K Run/Walk Registration Form

Please only one entry per form.

Make checks payable to: Freestore Foodbank 2011 Hunger Walk

Mail to: Highland County Community Action Organization, Inc. PO Box 838 Hillsboro, OH 45133
For credit card registrations, register online at http://fsfb.convio.net/goto/HCCAO
OR, Bring the day of the walk

Event starts at 9am Monday, May 30th at Southern State community College

Registration Fees (non-refundable)

Form with checkboxes for \$20 = Entry Fee and Additional Donation Amount \$_____

T-Shirts are guaranteed only to those who register online prior to May 14, 2011.

Participant Information

First Name _____ Last Name _____

Street Address _____

City _____ State _____ ZIP _____

Date of Birth _____ Age on Race day _____ Gender _____

I am running/walking for [] Highland County CAO [] Samaritan Outreach Services
[] First UMC - Our Daily Bread [] Highland County Homeless Shelter

**** Please select your preferred recipient - no selection will result in proceeds being split equally****

I am unable to attend event, but want to provide donation for [] Highland County CAO [] Samaritan Outreach Services
[] First UMC - Our Daily Bread [] Highland County Homeless Shelter

If you have any questions please contact Mary Sehlhorst at 513.482.4532 or Missy at 513-482-3660 or email capacity@freestorefoodbank.org

Waiver: In consideration of the acceptance of my registration fees and for being permitted to participate in this event, I hereby release, waive and discharge, on my own behalf of my heirs, executors, and assigns, the Freestore Foodbank, its employees, volunteers, officials, sponsors or affiliated individuals, from any and all claims of any nature, including personal injury, arising from my participation in this event, I also hereby agree to abide by all rules for participation. I further consent to emergency treatment in the event of an injury or illness. I acknowledge that it is my responsibility to consult my physician prior to beginning an exercise program or otherwise engaging in strenuous physical exercise, I also understand the risks of such a run/walk and I am physically able and have trained adequately in preparation.

Signature _____ Date _____

Parent or Guardian Signature (if under 18 years) _____